

2026 CONTACT LIST

CARLSTADT

Name	Position	Phone	Email
Rich Behr	Program Director	908-425-8208	
Sal Vicari	Coach	718-930-4941	

EAST RUTHERFORD

Name	Position	Phone	Email
Barry Blauvelt	Program Director	973-985-3638	

ELMWOOD PARK

Name	Position	Phone	Email
Samantha Hebda	Director	201-796-1457 x8812 201-637-0035 cell	
Pete Sedaro	5/6 Coach	201-206-0341	
Luis Cabrera	7/8 Coach	201-838-2554	
John Orłowski	7/8 Coach	201-841-8421	

GUTTENBERG

Name	Position	Phone	Email
Tom Hopkins	Coach	201-953-9963	

HARRISON

Name	Position	Phone	Email
Mike Mcamara	Coach	201-310-9257	mcamara@starcomfiber.com

KEARNY

Name	Position	Phone	Email
Ralph Cattafi	Rec Director	201-955-2379	

LODI

Name	Position	Phone	Email
Joe Riccio	Director	201-540-6755	

2026 CONTACT LIST

LYNDHURST

Name	Position	Phone	Email
Michael Rizzo	Boys Director		michaeljrizzo@hotmail.com

NORTH ARLINGTON

Name	Position	Phone	Email
Mark & Donna Hanley		201-401-4628	

NORTH BERGEN

Name	Position	Phone	Email
Nick Sacco	Program Director	201-253-3650	

RIDGEFIELD

Name	Position	Phone	Email
Ray Ramirez	Director	201-463-8390	
Mike Toledo	Coach	201-647-6497	

WALLINGTON

Name	Position	Phone	Email
Mark Pokoj	Coach	973-861-5860	

WEEKHAWKEN

Name	Position	Phone	Email
Rob Ferullo	Program Director	201-803-2143	

WOODRIDGE

Name	Position	Phone	Email
Justin Dipopolo	Coach	201-309-5717	